

Smile Questionnaire

Walk up to a mirror mounted on a wall. Do not use a hand held mirror.
Smile at yourself. Now look again and think of a funny moment in your life.

Is your smile different this time? Usually it is.

This is called your 'funny smile' because it is the one which you show when you hear or see something funny. It is a much fuller smile than when you pose, especially when you are not happy with your teeth. However, when your teeth are improved, your big 'funny smile' returns, and you look great! Okay now let's figure out what's holding your smile back... what is it that bothers you about your teeth.

1. Do you like the color of your teeth? (Are they dark, dull, or stained?)
2. Are there spaces between your teeth?
3. Do you show a lot of gum tissue when you smile?
4. Are they out of line, crooked, misshapen?
5. Do you think your teeth are too small or too large?
6. Are your gums irregularly shaped (scalloped higher or lower on some teeth)?
7. Are the edges of your teeth (as a group) too long or too short?
8. Do your teeth slant one way or another?
9. Is the midline of your two front teeth centered with your nose?
10. Are the edges of your canines too pointy or too flat?
11. Are the biting edges worn down or chipped?
12. Are any of your teeth missing?
13. Have your gums receded?
14. Are any dental fillings showing and look ugly?
15. Do any old or recently crowned teeth not match your natural teeth?
16. Are any of your teeth that have silver fillings stained blue or grey?

If you answered YES to ANY of the above questions, you can be helped by cosmetic dentistry. Now you have to learn what cosmetic dentistry techniques are available to you.